

Dear Parents,

During this month of February we are working on the virtue of **purity of heart**. This virtue help us to focus on God and the things of God. When we keep our eyes on God, we can love Jesus more than ever and one another.

Thank you! Sister Elizabeth Ann

St. Cecilia School
VIRTUE OF THE MONTH
February 2019

Virtue
Purity of Heart

Manifestation

*Truthfulness
*Honesty
*Perseverance

Practice

Say what you mean
Speak and do the truth
Pray at prayer
Study at study time
Work at duty time

Habit

Always speak the truth.

Do the right thing even
when no one is watching.

Always do what Jesus
would do.

Scripture

Luke 10:38-42
Luke 19:1-10
Luke 7:36-50
Luke 9:18-21
Deuteronomy 34:10-12

Mary at Jesus Feet
Zachaeus
Woman who washed Jesus Feet
Peter – To whom shall we go?
Death of Moses

Prayer Mantras

Thy Will be Done!

You alone have the words of
everlasting life!

Learn of Me for I am meek
and humble of heart.

Overview: **St. Alphonsus** understood the practice of **Purity of Heart (Single-heartedness)** as another way of trying to do God's Will. This virtue focuses our choices on God and the things of God. It encourages us to recognize and avoid the occasions of sin and strengthens our holiness of life.

- Pray to Mary for a clean and free heart to love Jesus even more than you do now.
- Encourage examination of motives for the good deeds we do or fail to do.
- Discover how the people in the Gospels focused their eyes on God and their choices on the things of God.
- Encourage your children to do their personal best and to take pride in it.